


January 2023



Finnish Home Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Chair Dance 1:00 New Years Reminiscing New Year's Day!	2 10:30 Exercise 10:30 SCUProgram 3:00 1 to 1	3 Taking down the Christmas decorations! 1:00 Music with Jared	4 Taking Down Christmas Decorations!	5 Taking down Christmas Decor- SCU 1:00 Songs with Lory 3:00 1 to 1	6 <i>Baking Pulla in the morning... come and watch!</i> 1:00 Coffee Social 3:00 1 to 1 Visits	7 10:30 Exercise 10:30 SCU Program 1:00 Bingo 3:00 1 to 1
8 10:30 Chair Dance 1:15 SCU Program Today is Elvis Day!	9 10:30 Exercise 10:30 SCUProgram 1:00 Hymn Sing 3:00 1 to 1	10 10:30 SCUProgram 10:30 Stretching 1:00 Music with Jared 2:45 Arts&Crafts 5:30 Evening Concert	11 10:30 Exercises 10:30 SCUProgram 1:00 Memory Bingo 2:00 SuomiRyhma 5:30 Artist Spotlight: Walt Disney	12 10:30 Games 10:30 SCUProgram 1:00 Songs with Lory 3:00 1 to 1	13 <i>Baking Pulla in the morning... come and watch!</i> 1:00 Coffee Social 3:00 1 to 1 Visits	14 10:30 Exercise 10:30 SCU Program 1:00 Bingo 3:00 1 to 1
15 10:30 Chair Dance 1:15 SCU Program	16 10:30 Exercise 10:30 SCUProgram 1:00 Hymn Sing 3:00 1 to 1	17 10:30 SCUProgram 10:30 Stretching 1:00 Music with Jared 2:45 Arts&Crafts 5:30 Evening Concert	18 Today is Hawaiian Day! 10:30 Exercises 2:00 Hawaiian Happy Hour! 5:30 Armchair Travel to Hawaii	19 10:30 Games 10:30 SCUProgram 1:00 Songs with Lory 3:00 1 to 1	20 <i>Baking Pulla in the morning... come and watch!</i> 1:00 Coffee Social 3:00 1 to 1 Visits	21 10:30 Exercise 10:30 SCU Program 1:00 Bingo 3:00 1 to 1
22 10:30 Chair Dance 1:15 SCU Program Happy Chinese New Year! Year of the Rabbit	23 10:30 Exercise 10:30 SCUProgram 1:00 Hymn Sing 3:00 1 to 1	24 10:30 SCUProgram 10:30 Stretching 1:00 Music with Jared 2:45 Arts&Crafts 5:30 You Be the Judge	25 10:30 Exercises 10:30 SCUProgram 1:00 Memory Bingo 2:00 Monthly Birthday Party 5:30 Reminiscing	26 10:30 Games 10:30 SCUProgram 1:00 Songs with Lory 3:00 1 to 1	27 <i>Baking Chocolate Cake in the morning... come and watch!</i> 1:00 Coffee Social 3:00 1 to 1 Visits Today is International Chocolate Cake Day	28 10:30 Exercise 10:30 SCU Program 1:00 Bingo 3:00 1 to 1
29 10:30 Chair Dance 1:15 SCU Program	30 10:30 Exercise 10:30 SCUProgram 1:00 Music with Jared 3:00 1 to 1	31 10:30 Stretching 1:00 <i>Scenic Drive to Richmond</i> 5:30 Evening Concert				JANUARY  GARNET