



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change. 	1 10:30- Exercises Taking down fall decorations...	2 10:30- Stretching 1:00- Craft Corner 2:45- Music with Jared	3 10:30- Exercises 1:00- Word Games 5:30- Armchair Travel	4 10:30- Games/Videos 1:00- Bingo 2:00- Suomi Ryhma 2:45- 1 to1/ SCU	5 10:30- Baking Gingerbread Cookies 1:15- Coffee Social 	6 10:30- Exercises 1:00- Songs with Lori 3:00- 1 to 1 Visitations
7 10:30- Chair Dance 1:00- Movie Matinee  <small>Daylight Saving Time Ends</small>	8 10:30- Exercises 1:00- Hymn Sing 3:00- 1 to 1 	9 10:30- Stretching 1:00- Craft Corner 2:45- Music and Rythm	10 10:30- Exercises 1:00- Songs with Lori 5:30- Reminiscing	Remembrance Day  <small>Veterans Day Remembrance Day (Canada)</small>	12 10:30- Baking Pulla 1:15- Coffee Social 	13 10:30- Exercises 1:00- Songs with Lori 3:00- 1 to 1 Visitations
14 10:30- Chair Dance 1:00- Movie Matinee	15 10:30- Exercises 1:00- Hymn Sing 3:00- 1 to 1	16 10:30- Stretching 1:00- Craft Corner 2:45- Music with Jared	17 10:30- Exercises 2:00- November Birthday Party! 5:30- Armchair Travel	18 10:30- Games/Videos 1:00- Bingo 2:00- Suomi Ryhma 2:45- 1 to1/ SCU	19 10:30- Baking Joulutorttus 1:15- Coffee Social 	20 10:30- Exercises 1:00- Songs with Lori 3:00- 1 to 1 Visitations
21 10:30- Chair Dance 1:00- Movie Matinee	22 10:30- Exercises  <i>Decorating the Main Floor for Christmas</i>	23 10:30- Stretching <i>Decorating Downstairs for Christmas</i> 	24 10:30- Exercises 1:00- Decorating the Christmas Tree 	25 10:30- Games/Videos  Decorating SCU for Christmas <small>Thanksgiving Day</small>	26 10:30- Price is Right 1:00- Coffee Social 	27 10:30- Exercises 1:00- Songs with Lori 3:00- 1 to 1 Visitations
28 10:30- Chair Dance 1:00- Holiday Movie Matinee  <small>Hanukkah Begins</small>	29 10:30- Exercise 1:00- Christmas Carol Sing! 3:00- 1 to 1  <small>CAROLING</small>	30 10:30- Stretching 1:00- Craft Corner 2:45- Music with Jared	 <h1>November 2021</h1>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FH REC STAFF CALENDAR 	Liisa 7:30-3:30 1 (Care Conference) Joanne 8-4	Liisa 8:30-4:30 2 Arja 8-4 Joanne 11-7	Liisa 8:30-4:30 3 Joanne 8-4 Arja 11-7	Liisa 8:30-4:30 4 Arja 8-4	Liisa 8:30-4:30 5 Arja 8-4	Arja VAC 6 Joanne 9-5
Joanne 8-4 7 <small>Daylight Saving Time Ends</small>	Liisa 8:30-4:30 8 Joanne 8-4	Liisa 8:30-4:30 9 Arja 8-4 Joanne 11-7	Liisa 8:30-4:30 10 Joanne 8-4 Arja 11-7	Liisa STAT 11 Arja STAT <small>Veterans Day Remembrance Day (Canada)</small>	Liisa 8:30-4:30 12 Arja 8-4	Arja 8-4 13 Joanne 9-5
Joanne 8-4 14	Liisa 8:30-4:30 15 Joanne 8-4	Liisa 8:30-4:30 16 Arja 8-4 Joanne 11-7	Liisa 8:30-4:30 17 Joanne 8-4 Arja 11-7	Liisa 8:30-4:30 18 Arja 8-4	Liisa 8:30-4:30 19 Arja 8-4	Arja 8-4 20 Joanne VAC
Joanne 8-4 21	Liisa 8:30-4:30 22 Joanne 8-4	Liisa 8:30-4:30 23 Arja 8-4 Joanne 11-7	Liisa 8:30-4:30 24 Joanne 8-4 Arja 11-7	Liisa 8:30-4:30 25 Arja 8-4 <small>Thanksgiving Day</small>	Liisa 8:30-4:30 26 Arja 8-4	Arja 8-4 27 Joanne 9-5
Joanne 8-4 28 <small>Hanukkah Begins</small>	Liisa 8:30-4:30 29 Joanne 8-4	Liisa 8:30-4:30 30 Arja 8-4 Joanne 11-7	 <h1 style="text-align: center;">November 2021</h1> 